

# Official Track & Field Schedule – June 5<sup>th</sup>, June 6<sup>th</sup>, June 7<sup>th</sup> 2024

## WEDNESDAY, June 5<sup>th</sup>, 2024

<u>WEDNESDAY, June 5<sup>th</sup>, 2024</u>				
<b>1:30</b>	<b>1500 meters</b>	13U Girls	FINAL T-1	(5)
	<b>1500 meters</b>	13U Boys	FINAL T-2	(12)
<b>2:00</b>	<b>1000 meters</b>	11U Girls	FINAL T-3	(8)
	<b>1000 meters</b>	11U Boys	FINAL T-4	(6)
<b>2:30</b>	<b>3000 meters</b>	15U/17U/ 19U Girls	FINAL T-5	(5)(3)(2)
	<b>3000 meters</b>	15U Boys	FINAL T-6	(15)
	<b>3000 meters</b>	20+/35+ Women	FINAL T-7	(4)(8)
<b>3:15</b>	<b>5000 meter</b>	17/19/20+/35+ Men/Women	FINAL T-8	(6)(3)(2)(7)1

<b>1:00</b>	13U Girls	<u>Triple Jump</u>	F-1 Pit 3	(17)
	17U Boys	<u>Shot Put</u>	F-2	(10)
	15U Boys	<u>Javelin</u>	F-3 Flights 1-2	(17)(17)
	13U Boys	<u>High Jump</u>	F-4	(25)
	20+/35+ Men	<u>Discus</u>	F-5	(8)(8)
<b>1:45</b>	15U Girls	<u>Shot Put</u>	F-6	(16)
<b>2:15</b>	19U/20+/35+ Woman	<u>Long Jump</u>	F-7 Pit 2	(13)(6)(5)
<b>2:30</b>	19U Boys	<u>Javelin</u>	F-8	(5)
	17U Girls	<u>Long Jump</u>	F-9 Pit 3	(21)
<b>2:45</b>	13U Boys	<u>Discus</u>	F-10 Flights 1-2	(15)(14)
	13U Girls	<u>High Jump</u>	F-11	(34)
	17U Boys	<u>Javelin</u>	F-12	(9)
<b>3:00</b>	15U Boys	<u>Shot Put</u>	F-13 Flights 1-2	(10)(13)
<b>3:15</b>	20+/35+ Men	<u>Long Jump</u>	F-14 Pit 2	(4)(10)
	15U Girls	<u>Triple Jump</u>	F-15 Pit 3	(21)
<b>3:45</b>	19U/20+/35+ Women	<u>Javelin</u>	F-16	(7)(3)(8)

## THURSDAY, June 6<sup>th</sup>, 2024

<b>8:00 - 9:15 - 800 meters</b>				
	9U Boys	FINAL	T-9	(11)
	9U Girls	FINAL	T-10	(5)
	11U Girls	FINAL	T-11	(10)
	11U Boys	FINAL	T-12	(9)
	13U Girls	FINAL	T-13	(7)
	13U Boys	FINAL	T-14	(11)
	15U Girls	FINAL	T-15	(14)
	15U Boys	FINAL	T-16	(10)
	17U/19U/20+/35+ Women	FINAL	T-17	(4)(4)(1)(3)
	17U Boys	FINAL	T-18	(5)
	19U/20+ Men	FINAL	T-19	(3)(2)
	35+ Men	FINAL	T-20	(7)

### 9:15 - 12:15 - 100 meter HEATS WEST/ROAD SIDE OF TRACK

	11U Girls	(12 heats A-L)	T-21	(67)
	7U Girls	(6 heats A-F)	T-22	(32)
	7U Boys	(4 heats A-D)	T-23	(23)
	9U Girls	(11 heats A-K)	T-24	(62)
	9U Boys	(8 heats A-H)	T-25	(44)

### 7U Girls/Boys 50m Relays (Directly after 7U 50m heats)

#### - 50 meters HEATS

	9U Girls	(10 heats A-J)	T-26	(59)
	9U Boys	(8 heats A-H)	T-27	(44)
	7U Girls	(6 heats A-F)	T-28	(33)
	7U Boys	(5 heats A-E)	T-29	(26)

### 9:15 - 12:00 - 100 meter HEATS EAST/SCHOOL SIDE OF TRACK

	11U Boys	(9 heats A-I)	T-30	(50)
	13U Girls	(13 heats A-M)	T-31	(75)
	13U Boys	(10 heats A-J)	T-32	(57)
	15U Girls	(6 heats A-F)	T-33	(36)
	15U Boys	(7 heats A-G)	T-34	(37)
	17U Girls	(3 heats A-C)	T-35	(18)
	17U Boys	(4 heats A-D)	T-36	(21)
	19U Girls	(2 heats A-B)	T-37	(8)
	19U Boys	(2 heats A-B)	T-38	(9)
	35+ Men	(2 heats A-B)	T-39	(8)
	20+/35+ Women	Advanced to Finals		(3)(5)
	20+ Men	(2 heats A-B)	T-39B	(9)

### 12:30 – 3:30 - 200 meters HEATS WEST/ROAD SIDE OF TRACK

	13U Girls	(10 heats A-J)	T-40	(55)
	13U Boys	(5 heats A-E)	T-41	(30)
	9U Girls	(3 heats A-C)	T-42	(13)
	9U Boys	(5 heats A-E)	T-43	(28)
	11U Boys	(6 heats A-F)	T-44	(32)
	11U Girls	(8 heats A-H)	T-45	(44)
	15U Girls	(6 heats A-F)	T-46	(36)
	15U Boys	(5 heats A-E)	T-47	(25)
	17U Girls	(3 heats A-C)	T-48	(17)
	17U Boys	(4 heats A-D)	T-49	(16)
	19U Girls	Advanced to Finals		(4)
	19U Boys	(2 heats A-B)	T-50	(9)
	20+/35+ Women	Advanced to Finals		(4)(2)
	20+/35+ Men	Advanced to Finals		(4)(3)

### 3:30 - 5:00 - 400 meters EAST/SCHOOL SIDE OF TRACK

	9U Girls	(2 heats A-B)	T-51	(8)
	9U Boys	(2 heats A-B)	T-52	(20)
	11U Girls	(3 heats A-C)	T-53	(22)
	11U Boys	(2 heats A-B)	T-54	(16)
	13U Girls	(3 heats A-C)	T-55	(24)
	13U Boys	(3 heats A-C)	T-56	(27)
	15U Girls	(3 heats A-C)	T-57	(22)
	15U Boys	(2 heats A-B)	T-58	(18)
	17U Girls	(2 heats A-B)	T-58A	(10)
	17U Boys	(2 heats A-B)	T-59	(12)
	19U Girls	Advanced to Finals		(3)
	19U Boys	Advanced to Finals		(3)
	20+/35+ Women	Advanced to Finals		(2)(5)
	20+/35+ Men	Advanced to Finals		(6)(2)

### 5:00 - 1500 meters WEST/ROAD SIDE OF TRACK

	15U Girls	FINAL	T-60	(10)
	15U Boys	FINAL	T-61	(12)
	17U Boys	FINAL	T-63	(8)
	17/19/20+/35+ Women	FINAL	T-64	(1)(2)(2)(6)
	19U/20+/35+ Men	FINAL	T-65	(7)(4)(5)

## THURSDAY, June 6<sup>th</sup>, 2024

<b>8:00</b>	13U Girls	<u>Shot Put</u>	F-17 Flights 1-2	(11)(11)
	13U Boys	<u>Long Jump</u>	F-18 Pit 1	(21)
			F-18 Pit 2	(18)
			F-18 Pit 3	(18)
<b>8:15</b>	9U Boys	<u>High Jump</u>	F-19	(8)
<b>8:30</b>	7U Boys	<u>Ball Throw</u>	F-20	(28)
<b>8:45</b>	15U Boys	<u>Discus</u>	F-21 Flights 1-2	(13)(14)
	11U Boys	<u>Triple Jump</u>	F-22 Pit 3	(8)
	19U Boys	<u>Long Jump</u>	F-23 Pit 2	(6)
<b>9:00</b>	9U Girls	<u>High Jump</u>	F-24	(8)
<b>9:15</b>	13U Boys	<u>Ball Throw</u>	F-25	(52)
	9U Boys	<u>Long Jump</u>	F-26 Pit 1	(15)
			F-26 Pit 2	(15)
			F-26 Pit 3	(15)
<b>10:00</b>	15U Boys	<u>High Jump</u>	F-27	(20)
	19U/20+/35+ Women	<u>Discus</u>	F-28	(2)(2)(8)
<b>10:15</b>	13U Girls	<u>Ball Throw</u>	F-29	(46)
<b>11:00</b>	11U Boys	<u>High Jump</u>	F-30	(13)
<b>11:30</b>	11U Girls	<u>Shot Put</u>	F-31	(19)
	13U Girls	<u>Long Jump</u>	F-32 Pit 1	(24)
			F-32 Pit 2	(22)
			F-32 Pit 3	(23)
<b>12:00</b>	11U Boys	<u>Ball Throw</u>	F-33	(44)
<b>12:30</b>	11U Girls	<u>Discus</u>	F-34 Flights 1-2	(16)(17)
	15U Girls	<u>Long Jump</u>	F-35 Pit 1	(17)
			F-35 Pit 2	(18)
<b>12:45</b>	17U Girls	<u>Triple Jump</u>	F-36 Pit 3	(9)
	9U Boys	<u>StandingLongJump</u>	F-37 SLJ Pit 1	(16)
			F-37 SLJ Pit 2	(17)
<b>1:15</b>	17U Boys	<u>High Jump</u>	F-38	(12)
	11U Girls	<u>Triple Jump</u>	F-39 Pit 3	(21)
<b>1:30</b>	7U Girls	<u>Ball Throw</u>	F-40	(33)
	11U Boys	<u>Shot Put</u>	F-41	(19)
	9U Girls	<u>Long Jump</u>	F-42 Pit 1	(30)
			F-42 Pit 2	(30)
	7U Boys	<u>StandingLongJump</u>	F-43 SLJ Pit 1	(13)
			F-43 SLJ Pit 2	(12)
<b>1:45</b>	19U/20+/35+ Men	<u>High Jump</u>	F-44	(4)(4)(1)
<b>2:00</b>	9U Boys	<u>Ball Throw</u>	F-45	(65)
	19U/20+/35+ Women	<u>Triple Jump</u>	F-46 Pit 3	(3)(2)(3)
<b>2:15</b>	9U Girls	<u>StandingLongJump</u>	F-47 SLJ Pit 1	(20)
			F-47 SLJ Pit 2	(20)
<b>2:45</b>	17U Boys	<u>Long Jump</u>	F-48 Pit 2	(11)
			F-48 Pit 3	(11)
<b>3:00</b>	11U Girls	<u>Ball Throw</u>	F-49	(59)
	7U Girls	<u>StandingLongJump</u>	F-50 SLJ Pit 1	(17)
			F-50 SLJ Pit 2	(16)
<b>3:15</b>	15U Girls	<u>High Jump</u>	F-51	(12)
	17U Girls	<u>Shot Put</u>	F-52	(8)
<b>3:45</b>	9U Girls	<u>Ball Throw</u>	F-53	(61)
<b>4:00</b>	17U/19U Boys	<u>Discus</u>	F-54	(3)(3)
	15U Boys	<u>Triple Jump</u>	F-55 Pit 3	(13)

**8:30 - 9:15 - 100 meters**

7U Girls	FINAL	T-66
7U Boys	FINAL	T-67
9U Girls	FINAL	T-68
9U Boys	FINAL	T-69
11U Girls	FINAL	T-70
11U Boys	FINAL	T-71
13U Girls	FINAL	T-72
13U Boys	FINAL	T-73
15U Girls	FINAL	T-74
15U Boys	FINAL	T-75
17U Girls	FINAL	T-76
17U Boys	FINAL	T-77
19U Girls	FINAL	T-78
19U Boys	FINAL	T-79
20+ Women	FINAL	T-80 (3)
20+ Men	FINAL	T-81
35+ Women	FINAL	T-82 (5)
35+ Men	FINAL	T-83

**9:15 - 9:30 - 50 meters**

7U Girls	FINAL	T-84
7U Boys	FINAL	T-85
9U Girls	FINAL	T-86
9U Boys	FINAL	T-87

**9:30 - 10:15 - 200 meters**

11U Girls	FINAL	T-88
11U Boys	FINAL	T-89
13U Girls	FINAL	T-90
13U Boys	FINAL	T-91
15U Girls	FINAL	T-92
15U Boys	FINAL	T-93
9U Girls	FINAL	T-94
9U Boys	FINAL	T-95
17U Girls	FINAL	T-96
17U Boys	FINAL	T-97
19U Girls	FINAL	T-98 (4)
19U Boys	FINAL	T-99 (3)
20+/35+ Women	FINAL	T-100 (4)(2)
20+ Men	FINAL	T-101 (6)
35+ Men	FINAL	T-102 (2)

**10:15 - 11:15 - 400 meters**

9U Girls	FINAL	T-103
9U Boys	FINAL	T-104
11U Girls	FINAL	T-105
11U Boys	FINAL	T-106
13U Girls	FINAL	T-107
13U Boys	FINAL	T-108
15U Girls	FINAL	T-109
15U Boys	FINAL	T-110
17U Girls	FINAL	T-111
17U Boys	FINAL	T-112
19U Women	FINAL	T-113 (3)
19U Men	FINAL	T-114 (3)
20+ Women	FINAL	T-115 (2)
20+ Men	FINAL	T-116 (6)
35+ Women	FINAL	T-117 (5)
35+ Men	FINAL	T-118 (2)

**11:30 - RELAYS**

4x 50 Shuttle

9U Girls
9U Boys
11U Girls
11U Boys

**12:20 - CORPORATE CHALLENGE RELAYS**

4x100 Shuttle

9U Girls
9U Boys
11U Girls
11U Boys

4x100 Relay

13U Girls
13U Boys
15U Girls
15U Boys
17U Girls
17U Boys
19U Women
19U Men
20+ Women
20+ Men
35+ Women
35+ Men

<b>8:00</b>	19U Boys	<u>Shot Put</u>	F-56	(11)
	11U Girls	<u>High Jump</u>	F-57	(32)
	15U Boys	<u>Long Jump</u>	F-58 Pit 2	(21)
			F-58 Pit 3	(20)
<b>8:15</b>	20+/35+ Men	<u>Javelin</u>	F-59	(9)(9)
<b>8:30</b>	15U Girls	<u>Discus</u>	F-60	(17)
<b>9:00</b>	19U/20+/35+ Men	<u>Triple Jump</u>	F-61 Pit 3	(5)(1)(7)
	13U Boys	<u>Shot Put</u>	F-62 Flights 1-2	(13)(14)
	17U Girls	<u>Javelin</u>	F-63	(4)
<b>9:30</b>	13U Girls	<u>Discus</u>	F-64	(19)
<b>9:45</b>	11U Girls	<u>Long Jump</u>	F-65 Pit 1	(22)
			F-65 Pit 2	(23)
			F-65 Pit 3	(23)
<b>10:00</b>	15U Girls	<u>Javelin</u>	F-66 Flights 1-2	(15)
	17U/19U/20+/35+ Women	<u>High Jump</u>	F-67	(14)(7)(1)(1)
<b>10:30</b>	11U Boys	<u>Discus</u>	F-68	(17)
<b>11:00</b>	20+/35+ Men	<u>Shot Put</u>	F-69	(7)(10)
<b>11:15</b>	11U Boys	<u>Long Jump</u>	F-70 Pit 1	(15)
			F-70 Pit 2	(14)
			F-70 Pit 3	(14)
<b>11:45</b>	17U Girls	<u>Discus</u>	F-71	(3)
	19U/20+/35+ Women	<u>Shot Put</u>	F-72	(6)(3)(13)
	17U Boys	<u>Triple Jump</u>	F-73 Pit 3	(5)
	13U Boys	<u>Triple Jump</u>	F-74 Pit 2	(22)

**AWARDS PRESENTATIONS in the DJSS Concourse  
(after the relay races)**



**2024 - EVENT CATEGORIES ARE AS FOLLOWS:**

7U	-Born 2017 (must be in grade 1 or higher)
9U	-Born 2015-16
11U	-Born 2013-14
13U	-Born 2011-12
15U	-Born 2009-10
17U	-Born 2007-08
19U	-Born 2005-06
Senior	-Born 1990 - 2004 (women & men) 20 - 34
Masters	-Born 1989 or earlier (women & men) 35 & up



**Athletics Day in Canada - 2024 Designated Event**  
NWT Track and Field Championships  
June 5-7, 2024 Hay River NT