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**June 4th, 5th & 6th, 2025**

**TRACK & FIELD COACHES**

Welcome to the 31st annual Track & Field Championships. Please find enclosed a registration package for the upcoming NWT Track & Field Championships to be held in Hay River on June 4th, 5th and 6th.

The Opening Ceremonies will take place the evening of Wednesday June 4th at 7:15 p.m. at the Don Stewart Recreation Centre.

***Please note the following events that will be run Wednesday afternoon:***

***\*These are proposed times only (subject to change after final registrations received)***

***\*\* Due to the large numbers of competitors we have added some Long jump and Discus events to Wednesday’s schedule.***

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| **Wednesday, June 4th**  **1:30 p.m.** – **1500 meters** 13U Girls FINAL  - **1500 meters** 13U Boys FINAL  **2:15 p.m.** – **1000 meters** 11U Girls FINAL  - **1000 meters** 11U Boys FINAL  **2:50 p.m. - 3000 meters** 15U Girls FINAL  **- 3000 meters** 15U Boys FINAL  **3:50 p.m.** – **3000** **meters** 17U/19U/20-34/35+ Women FINAL  **4:15 p.m**. – **5000 meters** 17U/19U/20-34/35+ Men FINAL  – **5000 meters** 17U/19U/20-34/35+ Women FINAL | **Wednesday, June 4th**  **\*1:00pm-** 15U Boys Javelin  - 15U Girls Shot Put  - 13U Boys High Jump  - 17U Girls Long Jump  - 20-34/35+Men Discus  \*These are the proposed starting field events for Wednesday, however, these are subject to change based off our registration numbers.  \*There will be addition field events for 13U,15U,17U,19U, 20-34 & 35+ categories scheduled during this afternoon. Please check the official NWTTFC schedule and be prepared to compete on Wednesday afternoon. |

The total charge of $80.00 per athlete is required. **Please note that there will be no refunds except for unexpected unavoidable reasons. Please ensure your registration lists are accurate.**

A $1000.00 damage deposit is required from all out-of-town teams per room requiring accommodations. This will be fully refunded after the meet upon inspection of the room. A non-refundable $50.00 per night is required for teams staying in accommodations for incidentals and custodial consumables.

To assist our organization, please note the following:

* Athletes may enter a **maximum of 4 events** (excluding relays)

(ie 3 Track & 1 Field or 3 Field & 1 Track or 2 Track and 2 Field)

* Athletes should be familiar with events entered. Although each athlete may enter 4, it is acceptable to be registered in only 1 or 2 events.
* Minimum standards will be identified in throwing and jumping events and only those passing the minimum will be measured.
* As always there will be an age cut off for younger athletes (Born in 2018). Participants in this meet must be in grade one and up.
* Safety in throwing events is a major concern. Any athlete registered in Shot Put, Discus, or Javelin, may be disqualified if a dangerous throwing technique is observed by officials.
* Ribbons are awarded for finals only.
* Records that are broken will become official when verified.
* There is a coaches meeting scheduled for Wednesday evening at 6:15pm inside DJSS.
* Please visit our Facebook site for other information at: nwttrackandfieldchampionships
* To view results from 2018 and results as they come in for 2025 please go to: [itechnt.com](http://itechnt.com) and click on the “community tab”. Click on the “year” you wish to see results for.
* **THE DEADLINE FOR RECEIVING ENTRIES IS FRIDAY, MAY 16th, 2025.**
* **Late additions have caused considerable organizational stress, therefore we will not be accepting any additions after registration due date. After input into the system we will email you your registrations that you have submitted, please proofread and ensure entries are correct. If we have made any errors please contact us and we will make the necessary corrections**.
* New this year- there will be a Mascot Race following the Corporate Relay race on Friday. Simply have your Mascot show up at the finish line and we will add them to a race.

Good luck with your spring training. We're looking forward to seeing you June 4th.

Sincerely,

Rachel Yee, Marilyn Marshall, Tim Borchuk & JJ Hirst

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School/Club Name:

Coach or Main Contact:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email Address:

PHONES: SCHOOL\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ CELL\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

FAX\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

OTHER ADULTS COMING WITH THE TEAM:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

R**EGISTRATION/MEAL PACKAGE**

Total number of **participating** coaches/athletes \_\_\_\_\_\_\_\_\_\_\_\_\_x $80.00 = $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Total number of **non-participating** coaches/supervisors \_\_\_\_\_\_\_\_\_\_\_\_\_ x $60.00 = $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Total number of competing independent adults\* \_\_\_\_\_\_\_\_\_\_\_\_\_ x $30.00 = $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*There is no meal plan or accommodations provided for adults that are not registered with a school as a coach or chaperone.

Please make cheques payable to N.W.T. Track & Field Championships and **indicate on the front of the cheque which school it is for.** Separate cheques for damage deposit please.

Total (cheque enclosed) = $\_\_\_\_\_\_\_\_\_\_\_\_\_

Total (damage Deposit) = $\_\_\_\_\_\_\_\_\_\_\_\_\_

Total (incidentals) = $\_\_\_\_\_\_\_\_\_\_\_\_\_

PLEASE NOTE THE FOLLOWING:

* Categories are established according to year of birth. In keeping with Track and Field Organizations in the rest of Canada all athletes will be registered in this way. **Please ensure that the correct, complete birth date is recorded for each athlete.**
* **If registration forms are typed or neatly printed** it assists our organization for input into our computer system. Please feel free to Xerox extra forms as required for your initial draft copies.
* Please send the entry form back ASAP.
* A**ll entries must be received no later than Friday, May 16th, 2025. Entries can be withdrawn/modified until noon on Friday, May 23rd, 2025.**
* **All student aged athletes must be in good standing with their respective school. Principals are reminded that all coaches and chaperones need to have a valid CRC/VSC.**

**ENTRY FORMS SHOULD BE SENT TO: Marilyn Marshall**

**Email: marilyn\_marshall@ssdec.org Phone: (867) 876-0317 cell**

**(867) 874-6388 work**

**\*Marilyn will send a confirmation email, if you have not received one please follow up by a phone call.**

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**2025 - EVENT CATEGORIES ARE AS FOLLOWS:**

7U -Born 2018 (must be in grade 1 or higher)

9U -Born 2016-17

11U -Born 2014-13

13U -Born 2012-11

15U -Born 2010-09

17U -Born 2008-07

19U -Born 2006-05

Senior -Born 1991 - 2005 (women & men) 20 - 34

Masters -Born 1990 or earlier (women & men) 35 & up

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**(FEMALE) OFFICIAL WEIGHTS FOR THE 2025 NWT TRACK & FIELD CHAMPIONSHIPS**

CLUBS MAY BRING THEIR OWN IMPLEMENTS FOR THE COMPETITION. THEY MUST BE REGISTERED WEDNESDAY AND ALL COMPETITORS MUST HAVE ACCESS DURING THE MEET.

|  |  |  |  |
| --- | --- | --- | --- |
| **FEMALE** | **SHOT PUT** | **DISCUS THROW** | **JAVELIN THROW** |
| 9U 2016/17 | - | - | - |
| 11U 2014/15 | 2 kg | 750 g | - |
| 13U 2012/13 | 3 kg | 750 g | - |
| 15U 20010/11 | 3 kg | 1 kg | 500 g |
| 17U 2008/09 | 3 kg. | 1 kg | 600 g |
| 19U 2006/07 | 4 kg | 1 kg | 600 g |
| 20-34 1991 TO 2005 | 4 kg | 1 kg | 600 g |
| 35+ 1990 | 4 kg | 1 kg | 600 g |

**(MALE) OFFICIAL WEIGHTS FOR THE 2025 NWT TRACK & FIELD CHAMPIONSHIPS**

CLUBS MAY BRING THEIR OWN IMPLEMENTS FOR THE COMPETITION. THEY MUST BE REGISTERED WEDNESDAY AND ALL COMPETITORS MUST HAVE ACCESS DURING THE MEET.

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| --- | --- | --- | --- |
| **MALE** | **SHOT PUT** | **DISCUS THROW** | **JAVELIN THROW** |
| 9U 2016/17 | - | - | - |
| 11U 2014/15 | 2 kg | 750 g | - |
| 13U 2012/13 | 3 kg | 750 g | - |
| 15U 20010/11 | 4 kg | 1 kg | 600 g |
| 17U 2008/09 | 5 kg | 1.5 kg | 700 g |
| 19U 2006/07 | 6 kg | 1.75 kg | 800 g |
| 20-34 1991 TO 2005 | 7.26 kg | 2 kg | 800 g |
| 35+ 1990 | 7.26 kg | 2 kg | 800 g |

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**Track and Field June 5th, 6th and 7th 2025**

**(Accommodations and Bus Services)**

Please complete this form and send **before Friday, May 16th, 2025** to:

**karen.wall@csftno.com**

Name of School:

Community:

Coach/Main contact (name), cell phone number and email address:

Total number of chaperones and parent volunteers:

Total number of athletes:

Does your school require accommodations: Yes/No

Date of arrival in Hay River:

Arrival time (Exact) in Hay River:

Which airline will you be traveling with:

Hay River back to your community flight time :

Does your school require bus pick-up to and from the airport and which parking lot:

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*We are excited to welcome you back this year!*

Thank you,

Karen Wall, Chanelle Payeur and Aline Chichery