

**JUNE 5th – 7th, 2019**

TRACK & FIELD COACHES

Welcome to the 29th annual Track & Field Championships. Please find enclosed a registration package for the upcoming NWT Track & Field Championships to be held in Hay River on

June 5th, 6th and 7th.

The Opening Ceremonies will take place the evening of June 5th at 7:15 p.m., in the Don Stewart Recreation Centre.

***Please note the following events that will be run Wednesday afternoon:***

***\*These are proposed times only (subject to change after final registrations received)***

***\*\* Due to the large numbers of competitors we have added some Long jump and Discus events to Wednesday’s schedule.***

|  |  |
| --- | --- |
| Wednesday, June 5th  1:30 p.m. – 1500 meters Bantam Girls FINAL  - 1500 meters Bantam Boys FINAL  2:15 p.m. – 1000 meters Pee Wee Girls FINAL  - 1000 meters Pee Wee Boys FINAL  2:50 p.m. - 3000 meters Midget Girls FINAL  - 3000 meters Midget Boys FINAL  3:50 p.m. – 3000 meters Juv/Jun/Sen/Master Women FINAL  4:20 p.m. – 5000 meters Juv/Jun/Sen/Masters Men FINAL  4:20 p.m. – 5000 meters Juv/Jun/Sen/Masters Women FINAL | Wednesday, June 5th  1:00pm - Midget Boys Javelin (Flight a)  - Midget Girls Shot Put (Flight a)  - Bantam Boys High Jump  - Juvenile Girls Long Jump (Flight a)  - Sr/ Master Men Discus  **1:45pm** - Bantam Boys Discus (Flight a)  - Jr/ Sr Women Long Jump  - Midget Boys Javelin (Flight b)  **2:15pm** - Midget Boys Shot Put (Flight a)  **2:30pm** - Sr/Master Men Long Jump  - Bantam Boys Discus (Flight b)  **2:45pm** - Jr Men Javelin  - Bantam Girls High Jump  3:15pm - Juvenile Boys Javelin  - Juvenile Girls Long Jump (Flight b) 3:30pm - Midget Boys Shot Put (Flight b)  4:30pm - Midget Girls Shot Put (Flight b)  - Jr/Sr/Master Women Javelin |

The total charge of $65.00 per athlete is required. Please note that there will be no refunds except for unexpected unavoidable reasons. Please ensure your registration lists are accurate. Also a $300.00 damage deposit is required from all out-of-town teams requiring accommodations and will be refunded after the meet. A non-refundable $60.00 is required for teams staying in accommodations for incidentals and custodial consumables.

To assist our organization, please note the following:

* Athletes may enter a maximum of 4 events (excluding relays) (ie 3 Track & 1 Field or 3 Field & 1 Track or 2 Track and 2 Field)
* Athletes should be familiar with events entered. Although each athlete may enter 4, it is acceptable to be registered in only 1 or 2 events.
* Minimum standards will be identified in throwing and jumping events and only those passing the minimum will be measured.
* As always there will be an age cut off for younger athletes. Participants in this meet must be in grade one and up.
* Safety in throwing events is a major concern. Any athlete registered in Shot Put, Discus, or Javelin, may be disqualified if a dangerous throwing technique is observed by officials.
* Ribbons are awarded for finals only.
* Records that are broken will become official when verified.
* There is a coaches meeting scheduled for Wednesday evening at 6:15pm inside DJSS.
* Please visit our Facebook site for other information at: nwttrackandfieldchampionships
  + - To view results from 2018 and results as they come in for 2019 please go to: [itechnt.com](http://itechnt.com) and click on the “community tab”. Click on the “year” you wish to see results for.
* THE DEADLINE FOR RECEIVING ENTRIES IS FRIDAY, MAY 17th, 2019.
* Late additions have caused considerable organizational stress, therefore we will not be accepting any additions after registration due date. After input into the system we will email you your registrations that you have submitted, please proofread and ensure entries are correct. If we have made any errors please contact us and we will make the necessary corrections.

Good luck with your spring training. We're looking forward to seeing you June 5th.

Sincerely,

Rachel Yee/Tim Borchuk/JJ Hirst

SCHOOL/CLUB NAME:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

COACH:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PHONES: SCHOOL\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

HOME\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

FAX\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

OTHER ADULTS COMING WITH THE TEAM:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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REGISTRATION/MEAL PACKAGE

Total number of participating coaches/athletes \_\_\_\_\_\_\_\_\_\_\_\_\_x $65.00 = $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Total number of non-participating coaches/supervisors \_\_\_\_\_\_\_\_\_\_\_\_\_x $40.00 = $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please make cheques payable to N.W.T. Track & Field Championships and indicate on the front of the cheque which school it is for. Separate cheques for damage deposit please.

Total (cheque enclosed) = $\_\_\_\_\_\_\_\_\_\_\_\_\_

Total (damage Deposit) = $\_\_\_\_\_\_\_\_\_\_\_\_\_

Total (incidentals) = $\_\_\_\_\_\_\_\_\_\_\_\_\_

PLEASE NOTE THE FOLLOWING:

* Categories are established according to year of birth. In keeping with Track and Field Organizations in the rest of Canada all athletes will be registered in this way. Please ensure that the correct, complete birth date is recorded for each athlete.
* Please note Athletics Canada has modified Rule 141 of the IAAF Rulebook. Master Women and Men both start at 35 years of age now.
* If registration forms are typed or neatly printed it assists our organization. All information should be easily recognized for input into our computer system. Please feel free to xerox extra forms as required for your initial draft copies.
* Please send the entry form back ASAP. All entries must be received no later than Friday, May 17th, 2019. Entries can be withdrawn until noon on Thursday, May 23rd, 2019.
* All student aged athletes must be in good standing with their respective school.
* All athletes from Midget – Junior divisions will be registered with Athletics Canada through Athletics NWT

ENTRY FORMS SHOULD BE SENT TO:

NWT Track and Field Championships

Diamond Jenness Secondary School

58 Woodland Drive Phone: 874-6538

Hay River, NT X0E 0R8 Fax: 874-3163

mmarshall[@ssdec.nt.ca](mailto:ryee@ssdec.nt.ca)

**2019 - EVENT CATEGORIES ARE AS FOLLOWS:**

Mite -Born 2012 or later – 7 & Under (must be in grade 1 or higher)

Tyke -Born 2010/11 – 8 & 9 yr. olds

Pee Wee -Born 2008/09 – 10 & 11 yr. olds

Bantam -Born 2006/07 – 12 & 13 yr. olds

Midget -Born 2004/05 – 14 & 15 yr. olds

Juvenile -Born 2002/03 – 16 & 17 yr. olds

Junior -Born 2000/01 – 18 & 19 yr. olds

Senior -Born 1985 - 1999 (women & men) 20 - 34

Masters -Born 1984 or earlier (women & men) 35 & up

(WOMEN) OFFICIAL WEIGHTS FOR THE 2019 N.W.T. TRACK & FIELD CHAMPIONSHIPS

CLUBS MAY BRING THEIR OWN IMPLEMENTS FOR THE COMPETITION. THEY MUST BE REGISTERED WEDNESDAY AND ALL COMPETITORS MUST HAVE ACCESS DURING THE MEET.

|  |  |  |  |
| --- | --- | --- | --- |
| WOMEN | SHOT PUT | DISCUS THROW | JAVELIN THROW |
| TYKE |  |  |  |
| PEE WEE | 2 kg | 750 g |  |
| BANTAM | 3 kg | 750 g |  |
| MIDGET | 3 kg | 1 kg | 500 g |
| JUVENILE | 3 kg. | 1 kg | 600 g |
| JUNIOR | 4 kg | 1 kg | 600 g |
| SENIOR | 4 kg | 1 kg | 600 g |
| MASTER | 4 kg | 1 kg | 600 g |

(MEN) OFFICIAL WEIGHTS FOR THE 2019 N.W.T. TRACK & FIELD CHAMPIONSHIPS

CLUBS MAY BRING THEIR OWN IMPLEMENTS FOR THE COMPETITION. THEY MUST BE REGISTERED WEDNESDAY AND ALL COMPETITORS MUST HAVE ACCESS DURING THE MEET.

|  |  |  |  |
| --- | --- | --- | --- |
| MEN | SHOT PUT | DISCUS THROW | JAVELIN THROW |
| TYKE |  |  |  |
| PEE WEE | 2 kg | 750 g |  |
| BANTAM | 3 kg | 750 g |  |
| MIDGET | 4 kg | 1 kg | 600 g |
| JUVENILE | 5 kg | 1.5 kg | 700 g |
| JUNIOR | 6 kg | 1.75 kg | 800 g |
| SENIOR | 7.26 kg | 2 kg | 800 g |
| MASTER | 7.26 kg | 2 kg | 800 g |

Track and Field 2019

(Accommodations and Bus Services)

Please complete this form and send (as soon as possible) to the fax number at the bottom of the page.

Name of school - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Coach (name) and email address - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Total number of parent volunteers - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Total number of athletes - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Does your school require accommodations - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of arrival in Hay River - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Arrival time (precise) in Hay River - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Which airline will you be travelling with - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Departure time from Hay River- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Does your school require bus pick-up to and from the airport - \_\_\_\_\_\_\_\_

Thank you,

Karen Wall

Fax number - 867 874 6912